

# REFUEL RETREAT SCHEDULE

## Friday

6:30pm Transportation (Winnipeg and Steinbach)

8:15pm Arrive at Red Rock

8:30 – Cabin Assignments and move in

8:45 - Mixers in Pine Lodge

**9:00 Snack & Orientation**

*9:30 - Session in the Chapel*

10:30 – Skating/ Tube Slide/Indoor Games

12:00 - Everyone in Cabins

12:30 - Lights out

## Saturday

*Early risers ski (7:00-8:00)*

**8:30 – Breakfast (9:00 counselors meeting)**

*10:00 - Session in the Chapel*

11:00 - Free Time & Hockey (Ski Time 11:00-12:00)

**12:30 - Lunch**

1:30-2:30 Group Game

2:30-3:00 Tuck Shop Open

3:00 Skill Choice

4:00- Free Time & Massive Broomball Game (Ski Time 4:00-5:15)

**5:30 - Supper**

*7:00 - Session in the Chapel & Worship Night*

**9:00 - Snack**

10:00 – Collector's Choice!

12:00 - Everyone in Cabins

12:30 - Lights out

## Sunday

*Early risers ski (7:00-8:30)*

**9:00 - Breakfast**

*10:00- 11:15- Session in Chapel*

*Hockey or Broomball*

**12:30 – Lunch**

1:30 - Pack up & Clean up

**Hockey or Broomball/ Tube Slide/Skiing**

1:30 - Head home or board bus